

FOOD AND THE ENVIRONMENT

PLANT-BASED DIET

SIMPLY REDUCING MEAT AND DAIRY CONSUMPTION IS ONE OF THE MOST IMPACTFUL CHOICES YOU CAN MAKE TO BENEFIT OUR ENVIRONMENT.

ADDING PLANT-BASED FOOD IS NOT ONLY EXCITING BUT ALSO BENEFICIAL TO INDIVIDUAL HEALTH.

35%

Of global greenhouse gas emissions are generated by the food system, with agriculture having the highest impact.

50%

Of habitable land is used for agriculture, animal-sourced foods account for 85% of that land.



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Greenhouse gas emissions per kilogram of food product

Our World in Data

Greenhouse gas emissions¹ are measured in kilograms of carbon dioxide-equivalents². This means non-CO₂ gases are weighted by the amount of warming they cause over a 100-year timescale.

